

Recorded Webinars



The next best thing to having Dr. Ann right in your own corporate headquarters or place of business!

Dr. Ann offers high quality recordings of her most popular webinars.

Based on the number of employees, an organization can purchase either a 12 month or 3 month viewing license that grants unlimited employee access to view the recorded webinars over the organization's intranet. To provide access, an organization simply places an embed code for the webinar onto the company intranet site. This allows for instant group or individual viewings.

The webinars offered and the corresponding licensing fees are as follows:



The Eat Right for Life Series

Eat Right for Life® Part I – Conquer Your Carbs (1 hour, 27 min.)

Eat Right for Life® Part II – Give Yourself an Oil Change (47 min.)

Eat Right for Life® Part III – Select the Healthy Proteins & Drink the Right Beverages (1 hour, 1 min.)

12 Month License: (Includes all 3 parts)

≤ 200 employees	-\$3,000
201 – 1,000 employees	-\$4,500
1,001 – 3,000 employees	-\$5,000
3,001 – 5,000 employees	-\$7,500
5,001 – 10,000 employees	-\$10,000
10,001 -- 20,000 employees	-\$12,000
20,001 + employees	-\$14,000

3 Month License: (Includes all 3 parts)

≤ 200 employees	-\$1,500
201 – 1,000 employees	-\$2,250
1,001 – 3,000 employees	-\$2,500
3,001 – 5,000 employees	-\$3,750
5,001 – 10,000 employees	-\$5,000
10,001 -- 20,000 employees	-\$6,000
20,001 + employees	-\$8,000

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The Focused Webinars

- Being Good to Your Heart (1 hour, 9 min.)
- Boost Your Energy and Fight Fatigue (1 hour, 11 min.)
- Just Say Whoa! to Cancer (1 hour)
- Rein in Your Appetite (56 min.)
- Take Charge of Your Metabolic Health (1 hour, 23 min.)
- Weigh Less for Life, Part I (1 hour, 22 min.)
- Weigh Less for Life, Part II (1 hour, 25 min.)
- The Happiness Diet, Part I (1 hour, 23 min.)
- The Happiness Diet, Part II (51 min.)

12 Month License: (per single webinar)

- ≤ 200 employees - \$ 1,500
- 201 – 1,000 employees - \$2,250
- 1,001 – 3,000 employees - \$2,500
- 3,001 – 5,000 employees - \$3,750
- 5,001 – 10,000 employees - \$5,000
- 10,001 - 20,000 employees - \$6,000
- 20,001 + employees - \$7,500

3 Month License: (per single webinar)

- ≤ 200 employees - \$750
- 201 – 1,000 employees - \$1,125
- 1,001 – 3,000 employees - \$1,250
- 3,001 – 5,000 employees - \$1,875
- 5,001 – 10,000 employees - \$2,500
- 10,001 - 20,000 employees - \$3,000
- 20,001 + employees - \$3,800

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Details

- A detailed instructional handout is provided for each webinar that can be copied and distributed or made available electronically to employees on the organization's intranet site.
- Dr. Ann feels strongly that the most cost-effective means to leverage her expertise to teach and motivate employees to improve their diet and lifestyles is via her recorded webinars.
- In addition, organizations can get the companion Eat Right for Life® books and Weigh Less for Life book that are the perfect written accompaniment to these webinars directly from WELCOA for a steep discount. Giving webinar viewers one of Dr. Ann's books is a fantastic incentive gift!
- Please see Dr. Ann's "[Webinar Best Practices](#)" for additional wisdom.

[CLICK HERE](#) to view samples of Dr. Ann's Recorded Webinars

[CLICK HERE](#) to read what people have to say about Dr. Ann's Webinars

For any questions related to recorded webinars or to order,
[contact our office at 843-329-1238.](#)

Visit us at www.DrAnnWellness.com
for additional employee wellness products and services offered by Dr. Ann.

