

## Live Life Guides Licensing Program



With Dr. Ann's Live Life Guides your employees can receive her expert and comprehensive guidance for their most common health concerns and issues.

Each guide contains thorough dietary and lifestyle instruction in Dr. Ann's signature style of clear, straightforward, no-nonsense guidance. Guides range from 6-15 printed pages. As an added bonus, Dr. Ann also includes a comprehensive list of the "Superstar Foods" for each one of her themed Live Life Guides.

### Live Life Guides Offered:

- Weigh Less for Life
- Healthy Cholesterol
- Healthy Aging
- Boosting Energy and Fighting Fatigue
- Healthy Blood Pressure
- Raising a Healthy Eater
- Anti-inflammatory Living



The yearly licensing fees for Dr. Ann's Grocery Guides are as follows:

#### *Access to Full Library (all 7 included)*

≤ 200 employees - \$1,000  
201 – 1,000 employees - \$1,500  
1,001 – 3,000 employees - \$2,000  
3,001 + employees - \$3,000

#### *Access to Any Single Live Life Guide*

≤ 200 employees - \$333  
201 – 1,000 employees - \$500  
1,001 – 3,000 employees - \$667  
3,001 + employees - \$1,000

- Through Dr. Ann's licensing program organizations can have unlimited access to copy and distribute for free any Live Life guide to any number of employees or as an alternative, post the Live Life guides on the organization's intranet for digital access.
- For organizations that bring Dr. Ann in for Live Employee Wellness Training she provides a 50% yearly discount. For those organizations that license her webinars she offers a 20% discount.
- For any questions related to Live Life Guide Licensing, contact our office at 843-329-1238. Visit us at [www.DrAnnWellness.com](http://www.DrAnnWellness.com) for other employee wellness opportunities with Dr. Ann.