

Dr. Ann's

Brand New Eat Right for Life® Course



*Dr. Ann's **recorded webinar programs** are the next best thing to bringing her in to speak to your audience live!*

We are thrilled to introduce a **brand-new, totally updated** Eat Right for Life® online course. This is a turn-key, invaluable resource that could **change your employees' lives.**

What comes with this program?

- **16 video modules** (ranging in length from 13-30 minutes) that include 4.5 total hours of engaging, inspirational instructional guidance in Dr. Ann's signature style of clear, no-nonsense directives.
- **43 pages of detailed instructional handouts** that correspond to each of the five parts of Dr. Ann's Eat Right for Life® program (the length of a mini e-book!)

[More Webinar Details Below](#)

Program Outline

Part I – **Conquer Your Carbs** (9 modules, 2.25 hours)

Part II – **Give Yourself an Oil Change** (3 modules, 45 minutes)

Part III – **Select the Smart Proteins** (2 modules, 42 minutes)

Part IV – **Nurture Your Microbiome** (1 module, 27 minutes)

Part V – **The Art & Science of Making It Stick** (1 module, 23 minutes)

Summer Webinar Special

Invite your employees to experience the
Eat Right for Life® program this fall!
Start promoting now.

**20% OFF standard rates (below)
to the FIRST 10 businesses
that license a webinar series.**

PLUS

- **15 bonus handouts** (1-2 pages each)
- **Access to any of Dr. Ann's Make It Happen Monday video tips**

**Licence can begin anytime before January 2018.*



The Investment

12-Month License

≤ 200 employees - \$3,000
201 – 1,000 employees - \$4,500
1,001 – 3,000 employees - \$5,000
3,001 – 5,000 employees - \$7,500
5,001 – 10,000 employees - \$10,000
10,001 - 20,000 employees - \$12,000
20,001 + employees - Call for Quote

3-Month License

≤ 200 employees - \$1,500
201 – 1,000 employees - \$2,250
1,001 – 3,000 employees - \$2,500
3,001 – 5,000 employees - \$3,750
5,001 – 10,000 employees - \$5,000
10,001 - 20,000 employees - \$6,000
20,001 + employees - Call for Quote

[Click Here to View Samples from
the *Eat Right for Life*[®] Series](#)

Ready to License?

We'd love to talk to you! Simply call or write:

843.329.1238 - info@drannwellness.com



Why We Know You'll Love It

- Dr. Ann feels strongly that the **most cost-effective** means to leverage her expertise to teach and motivate employees to improve their diet and lifestyles is through her recorded webinars.
- Real people respond best to the **real voice of real experts**.
- Dr. Ann has a **proven track record** of motivating and educating others.
- Organizations can host **group viewings** in the workplace to leverage the awesome and proven power of “social connections” for **igniting behavior change**.
- Employees can enjoy access to **unlimited viewing**.
- **Detailed instructional handouts** that correspond to each video module are provided for the entire program. This is like a free mini e-book! These invaluable handouts can be copied and distributed, or made available electronically to employees via the organization's intranet site.
- The entire process is completely turn-key and **simple as pie to deliver to employees**.
- Organizations can get Dr. Ann's award-winning **Eat Right for Life[®] books directly from WELCOA for a steep discount**. These books further reinforce the message and make the perfect incentive gift to encourage employees to take part in the program.



What People Are Saying

“The class was amazing! I learned so much. I now not only understand what, but also why. **The “why” and “what happens” is what I have been missing. I can’t thank you enough.**” - Moir D., Columbia, SC

“I have already put your words into practice! There is an overwhelming amount of information on healthy eating available. Thank you for making it interesting and manageable. Your books are an excellent resource. The presentation is excellent visually and packed with information. **Your enthusiasm, knowledge base and sincerity made the program more than just an educational experience. It made it a life-changing experience.** Thank you... thank you... thank you!” -

Karen W.; Dublin, OH

“**It was an awesome presentation. Your passion in what you believe transcends to everyone.** I’ve made changes and will continue to incorporate more of them into my life for not only my benefit but for those I love.” - Marcia P.; Charleston, SC

“**Truly life-changing. Thank you so much for your time and energy.**” - Len R.; Wilbraham, MA

“**I know I am not alone when I say that these webinars - and all the daily inspiration and education this wonderful woman provides - is invaluable for those of us who want to learn about and maintain a healthy lifestyle.** I try never to miss her monthly radio program on WBCL and I never let a day go by without checking out her Facebook page and her videos. I own all her books and have made gifts of them to my loved ones. Long may she reign, the Queen of Healthy Living!!!” - Barbara K., Indiana



What People Are Saying

“Dr Ann, I really enjoyed the seminar immensely and am trying to implement this new way of eating into my family regiment. **You are a tremendous speaker and I enjoyed every minute. I have been talking about you ever since I got home so if your ears are burning, it definitely is because of me.** Again, enjoyed enjoyed enjoyed your program and highly recommend it to anyone of all ages.” - Elaine T.; Charleston, SC

“The seminar was fabulous. **You present the information in a realistic manner.** You are not overly preachy or condescending. Your information is based on scientific facts not the latest trends and/or fads. **You are truly passionate about your factual information.**” - Amelia G.; Elgin, SC

“Thanks a million for the wonderful wellness seminar! **I definitely believe it will forever change my life and hopefully my family's life.**” - Nancy G.; Greenville, SC

“Thank you a million for sharing the latest information on wellness so clearly and succinctly and with **energy and enthusiasm that kept us all engaged.**” - Mary Jane K., Columbia, SC

“Thank you so much, you provided us with the most enjoyable seminar ever! **Now, we really think we can turn our diets and lifestyles around.**” - Dan and Ruth H., Jacksonville, FL

Ready to License?

Let's get this health party started! Simply call or write:

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